

Comprehensive Specimen Collection Guide

Preparation for Specimen Collection

All Specimens must be labeled with:

- Barcode that Matches Requisition Form and Bio Hazard Bag
- Date of Birth
- Patient First and Last Name

****CONTAINERS WITHOUT ATLEAST TWO IDENTIFIERS WILL BE REJECTED****

COVID19 or Respiratory *InSITE* (Standard Swab w/ VTM Tube) Sample Viability : 8 Days from Date of Collection at Room Temperature

- Tilt head back 70 degrees and insert the swab into mouth, swabbing the area past the posterior pharynx and tonsillar areas. Take care to avoid the tongue.
- Saturate the swab by swirling it gently for up to 10 seconds for maximum specimen collection.
- Remove the screw cap from the tube and insert the swab all the way to the bottom of the VTM tube.
- Hold the tube away from your face. Holding the end of the swab shaft, bend it at a 180 degrees angle to break at the marked breakpoint.
- Screw the cap on tightly to prevent leakage (Do Not Over Tighten)



Urinary *InSITE* (Cup & Vacutainer)

Sample Viability : 3 Days from Date of Collection at Room Temperature

- Carefully remove the lid of the collection cup.
- Set down the lid with the inner surface facing up. Do not touch the inside of the cup.
- FOR MEN: Pull back the foreskin, if you have one. Clean the head of the penis thoroughly using soap towelettes.
- FOR WOMEN: Spread apart the folds of skin around the vagina with one hand and clean around the vagina and urethra thoroughly using your other hand with a soap towelette. Wipe the area from front to back to avoid spreading bacteria from the anus to the urethra.
- Begin urinating in the toilet or urinal. Women should continue to keep apart the folds of the skin around the vagina while urinating.
- After the urine has flowed for several seconds, place the collection cup under the stream.
- Collect about 60 mL (2 Fl oz) of this "midstream" urine without interrupting the flow. Make sure the rim of the container does not touch your genital area. Be careful not to get toilet paper, pubic hair, stool (feces), menstrual blood, or any other foreign matter in the collection cup.
- Place the container with urine onto a flat surface holding only by touching the outside walls. Be careful not to touch the rim of the container cup.
- Carefully secure the lid back onto the cup ensuring there is no leakage.
- Remove the sticker from the lid to reveal the needle.
- Place the vial firmly onto the needle to penetrate the foam cap, hold the tube against the needle and the urine will fill to the appropriate amount on its own.
- Disconnect the tube from the needle after the urine has stopped entering the tube.
- Dispose the sample collection cup.
- Wash your hands and return the Vacutainer vial to the clinical staff.



Wound *InSITE* (Standard Swab w/ VTM Tube)

Sample Viability : 8 Days from Date of Collection at Room Temperature

- Ensure that any topical medications, lubricants or anesthetics are cleared from the area prior to taking the sample.
- Remove swab from VTM tube.
- Rub the swab on the area to be tested. Any infectious site can be swabbed.
- Insert the swab into the VTM tube.
- Screw the cap on tightly to prevent leakage (Do Not Over Tighten)



Nail *InSITE* (Specimen Cup or Tube)

Sample Viability : 7 Days from Date of Collection at Room Temperature

Nail Clipping (6mm minimum needed)

- Clean nail with alcohol wipe.
- Only use sterile nail clippers. Rinse with saline prior to using.
- Clip infected nail.
- Remove the lid from the sterile cup.
- Place nail clipping(s) in the sterile specimen cup.
- Replace the cap securely.

Nail Shavings

- If enough nail is not available to clip, use a sterile blade to scrape the top of the nail.
- Place nail shavings in the sterile specimen cup.
- Replace the cap securely.



Womens *InSITE* (Standard Swab w/ VTM Tube)

Sample Viability : 8 days from Date of Collection at Room Temperature

- Remove the swab from its plastic packaging. Avoid touching the swab applicator below the pink molded breakpoint.
- Carefully insert swab into the opening of vagina, about two inches, and gently rotate the swab for 10 to 30 seconds. Make sure swab touches the walls of the vagina, ensuring adequate moisture is absorbed.
- Withdraw the swab without touching skin.
- Once completed, insert the swab back into its VTM tube, swab end first.
- Holding the swab shaft close to the rim of the tube, and keeping the tube away from your face, break the applicator shaft at the breakpoint line.
- Screw the cap on tightly to prevent leakage. (Do Not Over Tighten)



Specimen Shipping Instructions

Ship to: Absolute Genomics 1300 Old Plank Road Suite 400 Mayfield PA 18433

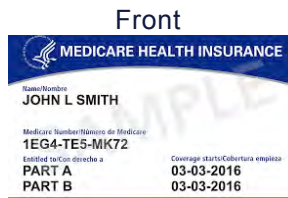
1. Place collection device in the biohazard bag.



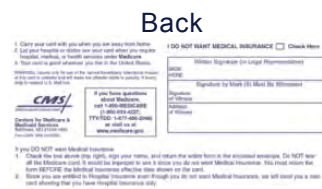
2. If patient info has not been entered electronically into the Absolute Genomic portal, complete the paper test requisition and place in the side pocket of the biohazard bag. Please also include a front and back copy of the patients insurance card, demographics, and medical notes pertaining to the ordered test.




Front



Back




3. Place the biohazard bag in the preaddressed/prepaid return envelope and seal. (It is okay to place several sealed biohazard bags in the same preaddressed/prepaid return envelope.)



OR



4. For Friday shipments, please make sure the label is for Saturday delivery.

5. Please retain the shipping tracking # for your records.